



# The Colorado Bicyclist

Newsletter of the Denver Bicycle Touring Club

MARCH 2015

## Winter/Spring MTB Trail Conditions

Or, is it okay to ride that trail today?

Long-time MTB ride leader, Jeff Baysinger has often provided timely updates on trail conditions, Winter or Summer. As many of us have taken advantage of the unusually long "January Thaw," enjoying roads and bikeways alike, some have also wondered whether it's OK to ride the mountain bike trails in Winter. Well, it depends. In a recent email to the COMtnbikers Yahoo group, Jeff had this to say:

"South facing trails on Green Mtn are dry as well right now, per a check this morning. North trails still are muddy as the sun still is too low. Consider on Saturday morning the trail condition board indicated muddy conditions and discouraged trail use. This appears ignored, not only that day but prior days as well. The upper new trail, above the east lot toward the radio tower, which a number of DBTC folks helped develop a couple years ago, has suffered widening. Hikers and runners were using the dry grassy area on the uphill side, bikers and some hikers were using a newly widened dry area on the other side. This is a north facing new section. Between these parallels, the originally constructed 3' wide trail is now perhaps almost 6' wide everywhere.

Lakewood has only 1 board that I know of, at the main Hayden lot located at 13851 W Alameda; it is at the parking lot, about 6'x8' in size, noting normal, occasional mud, or very muddy and discouraging use."

Please be aware that volunteers have worked hard to install, upgrade and maintain these trails, and that abuse can very quickly damage and even destroy some of our favorite places to ride. Think twice before venturing out, and feel free to consult the appropriate sources for up-to-date information. For example, Jeffco Open Space has this posted on their site:

"Jeffco Open Space trails can become extremely muddy this time of the year. Consider getting your outdoor fix on a hard surface trail and let muddy trails dry. Or if you are on a muddy trail, stay on trail, even in the mess. [Going] around the mud widens and damages the trail edge. Thank you for sharing and caring for our parks.

Follow us on Twitter for trail condition reports from our Rangers, or follow our Rangers directly. You can find them under different handles that start with @JCOSRanger . . . Also follow #jeffcotrails for updates. <http://jeffco.us/open-space/alerts-and-closures/>"

LET THE GOOD TIMES ROLL...

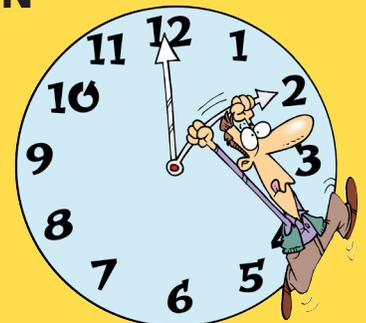
**SAVE THE DATE:**  
**Spring Kick-Off Dinner**  
**is Saturday, April 11**

Details inside... see page 5!

The graphic features a yellow road bicycle with black handlebars and a black saddle, set against a teal background with a large white circle behind it. The text "LET THE GOOD TIMES ROLL..." is written in a bold, black, sans-serif font. Below the bicycle, the text "SAVE THE DATE: Spring Kick-Off Dinner is Saturday, April 11" is displayed in a similar bold font. At the bottom, it says "Details inside... see page 5!".

**DAYLIGHT SAVINGS BEGINS ON SUNDAY, MARCH 8**

Set your clocks to "Spring Forward!"



## DBTC's Officers

<b>President</b> Kathy Stommel <a href="mailto:president@dbtc.org">president@dbtc.org</a>	719-671-5579
<b>Vice President</b> Cyndy Klepinger <a href="mailto:vicepresident@dbtc.org">vicepresident@dbtc.org</a>	303-725-1565
<b>Secretary</b> John Wren <a href="mailto:secretary@dbtc.org">secretary@dbtc.org</a>	970-456-2908
<b>Treasurer</b> Brad West <a href="mailto:treasurer@dbtc.org">treasurer@dbtc.org</a>	720-252-2881
<b>Board Members at Large</b>	
Scott Houchin <a href="mailto:sparky9cougar@comcast.net">sparky9cougar@comcast.net</a>	303-321-3863
Jeff Krinsky <a href="mailto:jkrinsky2003@yahoo.com">jkrinsky2003@yahoo.com</a>	720-373-9107
Lise Neer <a href="mailto:guestrelations@dbtc.org">guestrelations@dbtc.org</a>	303-249-8621
Steve Thomas <a href="mailto:steve.thomas001@yahoo.com">steve.thomas001@yahoo.com</a>	303-419-2531
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<b>Out of Town Tour Director</b> Ellen Chilikas <a href="mailto:outdoorsdiva@yahoo.com">outdoorsdiva@yahoo.com</a>	
<b>MTB Coordinator</b> Jeff Baysinger <a href="mailto:FunMTB@dbtc.org">FunMTB@dbtc.org</a>	303-969-9241
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<b>Intermediate Ride Coordinator</b> Rick Clauder <a href="mailto:intermediaterides@dbtc.org">intermediaterides@dbtc.org</a>	303-463-1875
<b>Wednesday Fun/Int Ride Coordinator</b> <a href="mailto:wedfunrides@dbtc.org">wedfunrides@dbtc.org</a>	OPEN
<b>"Roses" Ride Coordinator</b> Melba Bouquet <a href="mailto:melbabo9@q.com">melbabo9@q.com</a>	720-493-0564
<b>Historian</b> <a href="mailto:Historian@dbtc.org">Historian@dbtc.org</a>	OPEN
<b>Membership Database/Webmaster</b> Jeff Krinsky <a href="mailto:webmaster@dbtc.org">webmaster@dbtc.org</a>	720-373-9107
<b>Newsletter Design</b> Lise Neer <a href="mailto:guestrelations@dbtc.org">guestrelations@dbtc.org</a>	303-249-8621
<b>Map Sales (wholesale)</b> Doug Schuler <a href="mailto:Mapsales@dbtc.org">Mapsales@dbtc.org</a>	303-829-5861
<b>Photo Gallery</b> Jeff Krinsky <a href="mailto:photogallery@dbtc.org">photogallery@dbtc.org</a>	720-373-9107

### Board Meeting

Any member wishing to attend a board meeting is welcome. The next board meeting date is Monday, March 9 at Southwest YMCA, 5181 W. Kenyon Ave, at 7:00PM. If you wish to address the board, contact the president, Kathy Stommel: [cyclekats@gmail.com](mailto:cyclekats@gmail.com), or call 719-671-5579 so that your topic can be placed on the agenda.

## The President's Page

Kathy Stommel



It's time to get in "gear" for the 2015 Spring riding season! I've enjoyed a few outdoor rides recently thanks to our unseasonably warm weather and I know many of you have as well. Be sure you are taking advantage of the many ways DBTC broadcasts the ride schedule including this newsletter, website at [www.dbtc.org](http://www.dbtc.org), MeetUp and Yahoo email notices. Try some different routes and meet new friends while getting in shape for the summer. We are always looking for leaders to share their favorite rides – plus you can earn free admission to the Volunteer Recognition Luncheon this Fall. Contact the Ride Coordinator for more information or training.

Your DBTC Board has been working hard and we have some important updates to share with you:

### EVENTS:

**Spring Kick-Off is Saturday, April 11** (see page 5 for details)

The **Frisco Ice Cream Social** is back! Mark your calendars for Saturday, June 20 to join DBTC friends at this fun social event complete with several ride options to prime your appetite. Frisco's famous BBQ Challenge will also be in full swing, so plan to spend the day.

Our **Summer Picnic** will be held Saturday, July 11 at Prospect Park in Wheat Ridge. We are seeking a few volunteers to help with setup and ride leaders to plan fun routes prior to the scrumptious feast. Contact me if you can help.

**Volunteer Recognition Luncheon** is scheduled for Saturday, November 14 at the Holiday Inn on South Colorado Blvd.

*Cont. on pg. 4*

**When I was 13, I worked for Western Union. When the telegrams came in, I would glue them on the paper and deliver them on my bicycle.**

**– Francis Ford Coppola**

**Pictures and Articles for the Newsletter...** This newsletter belongs to the members. If you have pictures or an article to share, please email them to [ridecoordinator@dbtc.org](mailto:ridecoordinator@dbtc.org). Only send one or two pictures so you don't clog up my computer! Be sure to include details about who, when and where the picture was taken. If you have a photo to mail, contact the Ride Coordinator for the address. Remember we must give credit to the author. If you are a writer with an article of interest, we may make you a published author! The deadline for publishing is the 20th, but please send your articles earlier.

# TOUR GLENWOOD SPRINGS AT A LEISURELY PACE

Lin Hark & Richard Giesler July 12-17, 2015

Imagine 5 days in Glenwood Springs away from the holiday and weekend crowds with leisurely distances and paces ride options, flat to railroad grade ride options along beautiful rivers and canyons, lounging in the hot tub or Hot Springs Pool, or sunning by the pool with non riding spouses/partners welcome.

Double occupancy cost will be \$400 per person for 5 nights. Due date for payment of \$160 to hold your spot, with forms mailed, is 4/1/15; remaining \$240 due by 5/01/15. Space is first come, first served, so post date your check to 4/1/15 and mail the forms and check today. Funds are transferable but not refundable. Please send your check, made out to Lin Hark with the DBTC tour forms ([www.dbtc.org/Default.aspx?pageId=1568909](http://www.dbtc.org/Default.aspx?pageId=1568909)) to: Lin Hark, 4889 Forest Hill Road, Evergreen, CO 80439. Please indicate your preferred roommate.

We will be staying at a Glenwood Springs motel with continental breakfast, bicycles okay inside, microwave oven and small fridge in rooms, pool and hot tub near bike routes to the bike path. We can walk or ride to restaurants and stores. Choose any or all of the following day rides and distance options. Monday: leisurely bike along the Colorado River 7 miles from No Name Rest Area to Hanging Lake Trailhead with optional hike up to beautiful Hanging Lake, then ride 7 miles back. Tuesday, ride the Rio Grand Trail from Woody Creek Tavern to Aspen for lunch; 18-20 miles round trip. Wednesday is free day to choose (or not) from rafting the Colorado River, soaking in the Hot Springs Pool or Yampah Vapor Caves or spelunking in Glenwood Caverns (cost of these options not included). Thursday we will ride from Carbondale to Redstone; 33 miles with a 20 mile option to see the Coke Ovens and stop for ice cream and snacks. On Friday, ride the entire bike path along the Colorado River in Glenwood Canyon; 36 miles or any shorter option.

Lin Hark and Richard Giesler are planning this fun, no-stress, out of town tour to one of everyone's favorite places without the hassle of a long weekend. Continental breakfast, hot tub, pool, happy hours (BYOB), Get-to-know-each-other Dinner, included. This trip is limited to twenty club members so mail your forms and post dated check to Lin Hark soon to hold your spot for this classic fun ride. Email Lin, [mtnlin08@gmail.com](mailto:mtnlin08@gmail.com), with any questions.



## Door County Ditto Tour Going, Going...

Kathy Stommel August 23-29, 2015

### WANTED

Energetic Ride Leader seeks one fun-loving, bike riding male to fill the final spot on the Door County Ditto tour in August. \$200 deposit due now, \$600 balance by June 1st. Contact Kathy Stommel at [cyclekats@gmail.com](mailto:cyclekats@gmail.com) for additional info. Go to [www.dbtc.org](http://www.dbtc.org) for tour details. This will be a great ride.



## Meet Our New Bookkeeper, Bob Edmondson

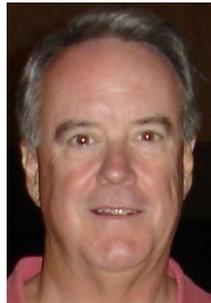


Please welcome Bob Edmondson, the new DBTC bookkeeper. This position uses monthly information from the treasurer's reports to produce an overview report of the club's financial well being each quarter. The reports are created using QuickBooks software with which Bob has plenty of experience for two non-profit Rotary clubs. Bob is a retired financial executive and is now generously offering his business experience to help DBTC.

Bob is a lifelong road biking enthusiast. Highlights of his cycling accomplishments include riding cross country in 2005, the Mississippi Valley in 2013 and the Natchez Trace last year. When you meet Bob at a DBTC function, please let him know how much we appreciate his contributions.

## New DBTC Board Members

Steve has been in the Denver area for 36 years, working in business development, construction and project management for local companies such as Cyprus Minerals and URS Corporation. Steve has enjoyed both mountain and road biking as well as skiing, diving and several other outdoor sports. He would like to meet other biking enthusiasts and help the DBTC plan and execute its biking adventures.



Steve Thomas



John Wren

John Wren was voted in at the 2014 VRL, and has accepted the position of Secretary.

### DBTC Members Joining/Renewing in December-January

SHARON BAIR	JAMES MCCLAIN
TIM CHAPMAN	GREGG REESE
JOHN ESMAY	RYAN REESE
KALI KIROUAC	CAROLYN SANDEN
JANEY KLEVER	BILL TAYLOR
MARY J LINKE	STEVE THOMAS
RICH LINKE	JILL THORNBURG

## Jeff Baysinger Returns as MTB Coordinator

Avid dirt trail rider Jeff, known to occasionally ride on a road bike, has returned to coordinate rides for mountain bike users. This group has been doing rides in many places around this and neighboring states for more than a decade.

This group is quite active all year 'round, pending weather and trail conditions. His brain is not frozen, nor has he fallen on his head once too many.

Dirt trail riders often look to schedule summer rides and camping get-togethers months in advance. The group is very social and Jeff is honored to follow along paths set and explored by Cathy and Jim... and to be with others in the group.



Jeff and Best Furry Friend, Umiak

*President, from pg. 2*

### CHANGES ON THE BOARD:

Lisa Feheley has resigned from the DBTC Board effective in February as she prepares to relocate for a new job. We thank Lisa for her service to DBTC and wish her the best.

Welcome to new Board member, Steve Thomas, who was confirmed at the February Board meeting. Steve joined DBTC after seeing a brochure at his local bike shop – a great testament to the marketing committee's efforts.

Thank you to **Bob Edmondson** for taking over the vacant Bookkeeper position! This behind-the-scenes job provides important oversight of DBTC financial transactions and handles tax reporting duties. We are extremely grateful to have this important position filled.

### BUDGET:

The Board has compiled a 2015 budget which projects a negative balance by year's end. The club's major income source is the sale of the "Bicycling the Greater Denver Area Route Map." Sales have decreased significantly since 2012 while the club's expenses have remained the same or increased. The much needed, and frequently requested, update to the route map is being coordinated by Board VP Cyndy Klepinger in preparation for a reprint this year. However, in this era of mobile technology, many people are utilizing digital map applications. The Board will be discussing future income options including potential changes to membership dues and contributions towards annual events. We welcome your input!

See you on the road!

# Get in Shape for the Season with Spring Training Rides

Donald Schmertz



[www.meetup.com/Denver-Bicycle-Touring-Club/events/220238413/](http://www.meetup.com/Denver-Bicycle-Touring-Club/events/220238413/)

These early-season rides are set up for Road Riders who wish to improve their overall cycling fitness for the upcoming season. Cancellation of the ride can occur if temperatures are below 30 F and/or roads are wet. Start times will be 11:00AM unless weather determines a different time. All rides will start at Davie's Chuck Wagon Diner, 10151 W. 26 Ave & Kipling, Wheat Ridge, CO. This location is just across Kipling St. from the Crown Hill Park. Please park your car on the northwest corner of the parking lot. Mileage is from 20 miles to 35 miles. The routes are not too hilly and have been used before. This time of the year, there is no reason to climb mountains. Spring training road rides pace will be 15-25 MPH on flat ground with regrouping.

There will be two basic rides to that will alternate each week. The following are the links to the rides.

**South ride - [www.mapmyride.com/us/wheat-ridge-co/south-ride-red-rocks-route-27190350](http://www.mapmyride.com/us/wheat-ridge-co/south-ride-red-rocks-route-27190350)**

**North ride - [www.mapmyride.com/us/wheat-ridge-co/north-ride-quaker-route-27191152](http://www.mapmyride.com/us/wheat-ridge-co/north-ride-quaker-route-27191152)**

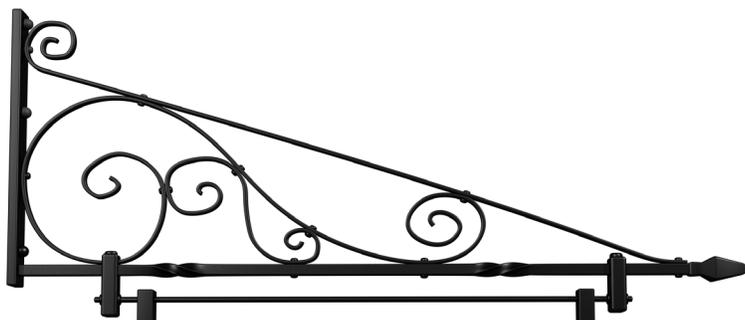
Please reply to me by email at [roadrider80226@yahoo.com](mailto:roadrider80226@yahoo.com) to learn more about the rides.

Hope to see you there!!! – Donald

## TEXAS HILL COUNTRY Trip Still has a Few Openings

Marilyn & Don Swett April 4-10

We will be staying near the Historic German town of Fredericksburg, right in the middle of the Texas Hill Country. This is the spring flower season with the Blue Bonnets in bloom, as well as other wildflowers. Low cost trip price of \$40 per person does not include accommodations, but will include maps and dinner as well as club and leader expenses. If you are staying at the campground, there will also be hot water in the morning, and ice, other beverages and snacks in the evenings. Camping will be at the Lady Bird Municipal Park, with tenting at about \$12 per night; RVs at roughly \$30/night. There are a number of B&Bs and motels nearby in Fredericksburg. There will be 5 days of riding with an optional 6th day for more riding or sight-seeing. Rides will be 20-30 miles in length, with longer options. Expect hills. Fredericksburg offers unique German cuisine as well as local Tex-Mex, local wineries and brewpubs. Shoppers will find over 150 boutiques, art galleries and antique emporiums, not to mention an herb farm, wildflower farm, and National Museum of the Pacific War. Rides will be loop types with different start/stop locations, and will highlight the local history, scenery, LBJ Ranch, Luckenbach, wineries and more. You must set up your own reservations for RVs, Motels, and B&Bs. Tenters do not need to make reservations at the Lady Bird Park. Marilyn & Don Swett will be your hosts on this ride. If interested, contact Don at [don\\_swett@comcast.net](mailto:don_swett@comcast.net). We will need to have payment and signed waivers by March 1st, 2015. You must be a current member of DBTC to participate in out-of-town rides.



## ... Let the good times roll ... DBTC Spring Kick-off

Saturday, April 11

5:30 p.m.

### Lucile's Creole Cafe

2852 West Bowles Ave., Littleton (W. of Santa Fe)

Come enjoy a delectable gourmet buffet, featuring a mouth-watering creole menu of gumbo, red beans and rice and tossed salad – all for \$13 per person\*

Enjoy a special presentation by Karen Rakestraw, author of the informative, entertaining blog, Pedal Dancer. This local rider will share ramblings on Cycling, Travel, Food and Fun!

### Make your reservation today and let the good times roll!

And, weather permitting, plan to come early and do a bike ride to kick off the season's ride schedule.

More details on the routes to come.

### RESERVATIONS – IN ADVANCE BY MARCH 28

No reservations will be accepted after that date.

Visit [www.dbtc.org](http://www.dbtc.org) (click on Kickoff link) to RSVP and make your reservation: \*\$13/member, \$26/guest

If unable to pay online, please mail a check to The Denver Bicycle Touring Club, P.O. Box 260517, Denver, CO 80226-0517. CHECKS MUST BE RECEIVED BY MARCH 28, 2015.

No tickets will be sold the day of the party or at the door.

## Pitkin County Weekend, Jan-Feb

Group picture from the Winter trip – this was at the Pine Creek Cookhouse in Ashcroft—near Aspen—on Feb 1 (the snowshoers were off somewhere else...), where we enjoyed a gourmet lunch after an invigorating ski tour up the Castle Creek valley. We also got to celebrate Helen's birthday that weekend!

L to R: Mary Sue, Carolyn, Eric, Anne, Lise, Melodye, Ellen, and Helen.



### The 0-20 Oil Experiment

Dick Plastino

I read an article about using 0-20 synthetic motor oil as a bike chain lubricant.

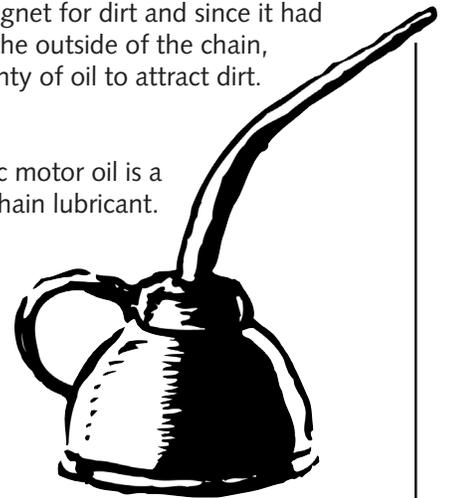
It sounded logical. Lower cost, the oil can withstand gasoline engine conditions so a bike chain is no problem, and the light weight would allow it to penetrate deep into the chain for good lubrication.

It was a failure. I applied it to the chain, let it penetrate for an hour and wiped off the chain really well. When I took it out riding, on pavement only, I noticed that oil was seeping out of the chain and coating the cassette, the chain and the frame of the bike below the chain.

And even though I rode on pavement, the chain was grossly filthy after two rides. The oil acted as a magnet for dirt and since it had seeped onto the outside of the chain, there was plenty of oil to attract dirt.

#### Summary:

0-20 synthetic motor oil is a terrible bike chain lubricant.



## Mountain Biking South Table Feb 8

Jennifer Saxhaug



It was a windy ride, but when we hiked up to the top of South Table Mtn's high point (the old dancehall), it was perfect weather. We even sat outside at the bar after the ride for an hour in the sun! Therefore, I feel I had two workouts with the wind on the ride across South Table Mtn but it was sure a quick ride back.



Have you seen our facebook page lately? Check it out!

<https://www.facebook.com/pages/Denver-Bicycle-Touring-Club/122447584186>

## 2015 Advance Planning Calendar

March 14-17 <b>Moab Skinny Tire Festival</b> <a href="http://skinnytirefestival.com">skinnytirefestival.com</a> Moab, UT	June 20 <b>The Denver Century Ride</b> <a href="http://denvercenturyride.com">denvercenturyride.com</a> Denver, CO	July 18 <b>Tour de Steamboat</b> <a href="http://rockypeakproductions.com">rockypeakproductions.com</a> Steamboat Springs, CO	August 29 <b>Venus de Miles</b> <a href="http://venusdemiles.com">venusdemiles.com</a> Boulder County, CO
April 23-26 <b>Fruita Fat Tire Festival</b> <a href="http://emgcolorado.com/events.php">emgcolorado.com/events.php</a> Fruita, CO	June <b>Sunrise Century</b> <a href="http://www.granfondoguide.com/Events/Index/2671/boulder-sunrise-century">www.granfondoguide.com/Events/Index/2671/boulder-sunrise-century</a> Boulder, CO	July 18 <b>Breckenridge 100</b> <a href="http://warriorscycling.com/races/breckenridge-100/">warriorscycling.com/races/breckenridge-100/</a> Breckenridge, CO	August 29 <b>CF Cycle for Life</b> <a href="http://fightcf.cff.org/site/TR/Cycle/22_Colorado_Denver?fr_id=2546&amp;pg=entry">http://fightcf.cff.org/site/TR/Cycle/22_Colorado_Denver?fr_id=2546&amp;pg=entry</a> Highlands Ranch, CO
April 25 <b>Ridgeline Rampage (MTB)</b> <a href="http://warriorscycling.com/races/ridgeline-rampage/">warriorscycling.com/races/ridgeline-rampage/</a> Castle Rock, CO	June 21-27 <b>Bicycle Tour of Colorado</b> <a href="http://bicycletourcolorado.com">bicycletourcolorado.com</a> Gunnison, CO (Gunnison – Durango Loop)	July 18 <b>Stonewall Century</b> <a href="http://spcycling.org">spcycling.org</a> La Veta, CO	September 6 <b>West Elk Bicycle Classic</b> <a href="http://westelkbicycleclassic.com/">westelkbicycleclassic.com/</a> Gunnison, CO
May 1-2 <b>18 Hours of Fruita (MTB)</b> <a href="http://18hrsoffruita.com/">http://18hrsoffruita.com/</a> Fruita, CO	June 24 <b>Bike to Work Day</b> <a href="http://drcog.org">drcog.org</a> Denver Metro area Boulder, CO	July 18-20 <b>Courage Classic</b> <a href="http://couragetours.com">couragetours.com</a> Copper Mountain, CO	September 13 <b>Buffalo Bicycle Classic</b> <a href="http://buffalobicycleclassic.com">buffalobicycleclassic.com</a> Boulder, CO
May 9 <b>Fort Collins Cycling Club Spring Warmup Ride</b> <a href="http://fccycleclub.org">fccycleclub.org</a> Fort Collins, CO	June <b>Tour de Prairie</b> <a href="http://cheyennecity.org/index.aspx?NID=735">cheyennecity.org/index.aspx?NID=735</a> Cheyenne, WY	July 19-25 <b>RAGBRAI</b> <a href="http://ragbrai.org">ragbrai.org</a> Sioux City, Iowa	September <b>Ride Westcliffe Adventure</b> <a href="http://ridewestcliffe.com">ridewestcliffe.com</a> Westcliffe, CO
May 17 <b>McKee Classic Bike Tour</b> <a href="http://McKeefoundation.com">McKeefoundation.com</a> Loveland, CO	June 27 <b>Vuelta a Keystone</b> <a href="http://www.vueltakeystone.com/">www.vueltakeystone.com/</a> Keystone Village, CO	July <b>Colorado-Eagle River Ride</b> <a href="http://vailvelo.com">vailvelo.com</a> Beaver Creek, CO	September 17-20 <b>Tour of the Vineyards</b> <a href="http://Coloradowinefest.com">Coloradowinefest.com</a> Palisade, CO
May 17 <b>Santa Fe Century</b> <a href="http://santafecentury.com">santafecentury.com</a> Santa Fe, NM	June 27-28 <b>MS 150 Bike Tour</b> <a href="http://nationalmssociety.org/chapters/COC/index.aspx">nationalmssociety.org/chapters/COC/index.aspx</a> Westminster, CO	August <b>Greenwood Goosechase</b> <a href="http://goosechase.org">goosechase.org</a> Greenwood Village, CO	September 18-20 <b>Mickelson Trail Trek</b> <a href="http://MickelsonTrail.com">MickelsonTrail.com</a> Custer, SD
May 22-25 <b>Iron Horse Bicycle Classic</b> <a href="http://ironhorsebicycleclassic.com">ironhorsebicycleclassic.com</a> Durango, CO	July 11 <b>Tour de Ladies</b> <a href="http://www.tourdeladies.com">www.tourdeladies.com</a> Parker, Colorado	August 1 <b>Copper Triangle Alpine Classic</b> <a href="http://coppertriangle.com">coppertriangle.com</a> Copper Mountain, CO	September 18-20 <b>Pedal the Plains</b> <a href="http://pedalthepalains.com">pedalthepalains.com</a> TBD, CO
June 6 <b>Buena Vista Bike Fest</b> <a href="http://bvbf.org">bvbf.org</a> Buena Vista, CO	July 11-12 <b>Triple Bypass</b> <a href="http://teamevergreen.org">teamevergreen.org</a> Evergreen, CO	August 1-8 <b>CANDISC - Cycling Around North Dakota In Sakakawea Country</b> <a href="http://parkrec.nd.gov/activities/candisc.html">parkrec.nd.gov/activities/candisc.html</a> Garrison, North Dakota	September 20-22 <b>Moab Century Tour</b> <a href="http://skinnytirefestival.com">skinnytirefestival.com</a> Moab, UT
June 7 <b>Elephant Rock Ride</b> <a href="http://elephantrockride.com">elephantrockride.com</a> Castle Rock, CO	July <b>Tour de Wyoming</b> <a href="http://cyclewyoming.org">cyclewyoming.org</a> Riverton, WY	August 2-8 <b>Colorado Rocky Mountain Bike Tour</b> <a href="http://crmbt.com">crmbt.com</a> Gunnison, CO	September 27 <b>Tour de Cure</b> <a href="http://diabetes.org">diabetes.org</a> Colorado Springs Area
June 13-20 <b>Ride the Rockies</b> <a href="http://ridetherockies.com">ridetherockies.com</a> Grand Junction to Westcliffe	July 11 <b>DBTC Summer Picnic</b> <a href="http://dbtc.org">dbtc.org</a> Prospect Park, Wheat Ridge, CO	August <b>Circle the Summit (aka Bob Guthrie Memorial Ride)</b> <a href="http://Circlethesummit.com">Circlethesummit.com</a> Frisco, CO	October 4 <b>Tour of the Moon</b> <a href="http://tourofthemoon.com">tourofthemoon.com</a> Grand Junction, CO
June 13 <b>Pedaling for Parkinson's</b> <a href="http://34fighting.org">34fighting.org</a> Denver, CO	July <b>Moonlight Classic</b> <a href="http://moonlight-classic.com">moonlight-classic.com</a> Denver, CO	August 15 <b>Tour de Cure</b> <a href="http://diabetes.org">diabetes.org</a> Longmont, CO	October 4 <b>Santa Fe Gourmet Classic</b> <a href="http://santafegourmetclassic.com">santafegourmetclassic.com</a> Santa Fe, NM
June 20 <b>Starlight Spectacular</b> <a href="http://starlightspectacular.org">starlightspectacular.org</a> Colorado Springs, CO			October 17 <b>VeloSwap</b> <a href="http://veloswap.com">veloswap.com</a> Denver, CO

Visit [www.kansascyclist.com/events/Colorado\\_Calendar.html](http://www.kansascyclist.com/events/Colorado_Calendar.html) OR [www.pedaldancer.com](http://www.pedaldancer.com) for more info and updates on events.

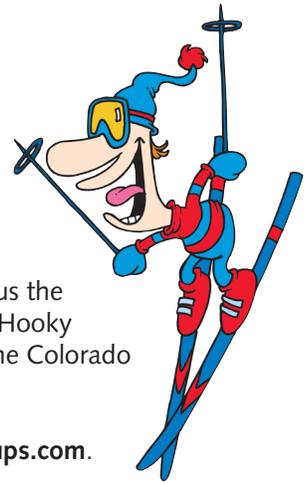


## Weekday Skiing with DBTC

Lin Hark

Sue Frakes and Lin Hark are skiing weekdays at Loveland this season. Join us the second Thursday of each month for Ski Hooky Days. Other ski days will be posted to the Colorado Bicyclist Yahoo Group and Meetup.

To get notices, send an email to [coloradobicyclist-subscribe@yahoogroups.com](mailto:coloradobicyclist-subscribe@yahoogroups.com).



### Online Construction Detours & Updates from RTD:

[https://www.google.com/maps/d/viewer?ll=39.805899,-104.984665&t=m&source=embed&ie=UTF8&msa=0&spn=0.158248,0.342636&z=11&mid=zVMlvSdJQnac.kopSvxexl\\_mc](https://www.google.com/maps/d/viewer?ll=39.805899,-104.984665&t=m&source=embed&ie=UTF8&msa=0&spn=0.158248,0.342636&z=11&mid=zVMlvSdJQnac.kopSvxexl_mc)

### Ditto from Denver Parks & Recreation:

[www.denvergov.org/parksandrecreation/DenverParksandRecreation/Parks/Trails/TrailDetours/tabid/445331/Default.aspx](http://www.denvergov.org/parksandrecreation/DenverParksandRecreation/Parks/Trails/TrailDetours/tabid/445331/Default.aspx)

## Attention: Aspiring Ride Leaders

April is the beginning of our scheduled riding season. Give back to your Club by contacting your ride coordinators to arrange your April rides now. You can even preschedule for every month! Putting the schedule together can be very frustrating, and the coordinators really need more members to volunteer. It's easy, it's fun, and it's all about where YOU want to ride. Email your local Ride Coordinator today and ask how. Thank you in advance for stepping forward and giving it a try!



## 2015 DBTC Activity and Tour Calendar

Email the tour contact for more information. Email Ellen ([outdoorsdiva@yahoo.com](mailto:outdoorsdiva@yahoo.com)) to add your tour or trip to this list.

### April 4th-10th, 2015

#### Texas Hill Country

Road riding  
Lodging: Camping or motel/B&B  
Location Details: Fredericksburg  
Leaders: Don & Marilyn Swett,  
[don\\_swett@comcast.net](mailto:don_swett@comcast.net)  
Status: Open

### July 12-17, 2015

#### Glenwood Springs Trip

Trip Type: Choice of rides  
Lodging: Motel  
Location Details: Glenwood Springs., CO  
Leader: Lin Hark & Richard Giesler  
[mtnlin08@gmail.com](mailto:mtnlin08@gmail.com)  
Status: Open

### May 31 – June 6, 2015

#### Cape Cod & Nantucket Tour

Trip Type: Cruiser bikes!  
Lodging: Hotel  
Location Details: Cape Cod, MA  
Leader: Ellen Chilikas,  
[outdoorsdiva@yahoo.com](mailto:outdoorsdiva@yahoo.com)  
Status: Full

### August 23-29, 2015

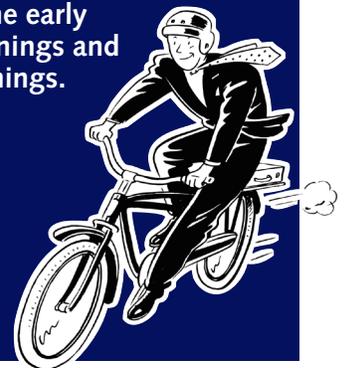
#### Door County Ditto Tour

Road riding  
Lodging: Hotel  
Location Details: Fish Creek, WI  
Leader: Kathy & Joe Stommel,  
[cyclekats@gmail.com](mailto:cyclekats@gmail.com)  
Status: 1 male roommate needed

Visit [DBTC.org](http://DBTC.org) and click on "Tours" for updates on trips, and to learn how to organize your own tour or trip!

## Reminder to our Winter Commuters

Please wear a **yellow** or **reflective** vest over your winter coat. Drivers aren't looking for bikes and your dark jacket is practically invisible in the early mornings and evenings.



# DBTC Winter/Spring Rides 2015

Winter is almost done. Our ride coordinators we are doing something very different for Kick-Off so it will be in April, but the coordinators will be contacting you soon to get the April schedule together.

If you'd like to include an activity in the newsletter, please email it to [ridecoordinator@dbtc.org](mailto:ridecoordinator@dbtc.org) by March 20<sup>th</sup> for the April newsletter or contact Patty at 303-989-8268.

Many of our members love winter sports and want to continue enjoying the outdoors with their DBTC friends. The DBTC Message Board will be our main means of communication through the winter months. If you'd like to post an event, simply go into the site. Remember not all members have email so if you have it in the newsletter all members are notified.

Pace of Ride	Difficulty of Terrain	Distance	Quadrant of City	Departure Time
Roses – Leisurely (Avg. 8-10 mph) Fun – Comfortable (10-12) Int. – Brisk (12-16) Road – Fast (16-20+) ATB – Unpaved Roads MTB – Mountain Bikes	H1 – Flat H2 – Some Hills H3 – Hilly H4 – Serious climbs Two ratings: technical skill T1 to T4 and Physical exertion P1 to P4	This is an estimate – options may be offered	NW NE SE SW W	Arrive early enough to unload your bike and be ready to ride at the time shown.

If you'd like to include an activity in the newsletter, please email it to [ridecoordinator@dbtc.org](mailto:ridecoordinator@dbtc.org) by the 20th for the next newsletter or contact Patty at 303-989-8268.

Many of our members love winter sports and want to continue enjoying the outdoors with their DBTC friends. The DBTC Message Board will be our main means of communication through the winter months. If you'd like to post an event, simply go into the site. Remember not all members have email so if you have it in the newsletter all members are notified.

**Rides are cancelled if** the temperature is below 40 degrees at start time or it is raining or snowing. Be ready to start at the time listed – tires pumped up and bike ready. The ride leader is not a mechanic so if your bike needs repair, please take it to the shop.

**Ride Locator:** There is a guide to the most frequent start locations on our website – [www.dbtc.org](http://www.dbtc.org). It provides the information you need to use Map Quest or Google Maps to make a map to the starting location.

If you'd like to include an activity in the newsletter, please email it to [ridecoordinator@dbtc.org](mailto:ridecoordinator@dbtc.org) by the 10th for the following newsletter or contact Patty at 303-989-8268.

## DBTC's E-Mailing Lists

Get late breaking news, last minute ride updates, and short-notice of weekday rides, all e-mailed directly to you as soon as the information is posted. If the weather is "iffy", a ride leader can post a notice to let you know if the ride will go or be cancelled.

**DBTC Message Board** is the DBTC General E-Mail List. To join, send an e-mail to: [ColoradoBicyclist-subscribe@yahoogroups.com](mailto:ColoradoBicyclist-subscribe@yahoogroups.com)

## DBTC Mountain Biking E-Mail List

To join, send an e-mail to:  
[COmtnbikers-subscribe@yahoogroups.com](mailto:COmtnbikers-subscribe@yahoogroups.com)

**Twitter** account is @DenverBikeClub – note that many members do not tweet.

**DBTC Meetup group** at [www.meetup.com/Denver-Bicycle-Touring-Club/](http://www.meetup.com/Denver-Bicycle-Touring-Club/) be used to post rides as well. Once you have posted your ride, we will review the ride information to be sure it complies with the club requirements then upload it to the MeetUp web site where you can edit your ride. MeetUp is open to the public and can increase the number of riders on your rides and, hopefully, club members. Rides cannot conflict with the ride schedule. If you have registered with MeetUp, we will post your scheduled rides.

**We are also on Facebook** if you want to share pictures or bike related news.

The DBTC Website operates independently from the Yahoo Groups. The Yahoo Groups send only e-mail messages concerning some upcoming events. The DBTC monthly Newsletter, The Colorado Bicyclist, is sent to you from the DBTC Website via e-mail only if you have so requested.

**You can join any or all groups.** After you send the e-mail requesting to join, you will be contacted via e-mail with a confirmation. If you'd like to post an event, simply go into the site. Remember that only club-related activities can be posted. We reserve the right to cancel any posting we don't think is appropriate. See the website for posting rules.

## Please Note;

Joining Facebook or any other group does not make you valid member of the DBTC.

If your e-mail address changes, you must send your new e-mail address to the DBTC webmaster ([webmaster@dbtc.org](mailto:webmaster@dbtc.org)). The DBTC monthly Newsletter, The Colorado Bicyclist, is sent to you from the DBTC Website via e-mail only if you have so requested.

## Wednesday "Roses" Group

Due to last year's "Wednesday jinx" weather-wise, we are doing something different. You will have to join the Yahoo group to find out where/when we will ride. I'll try to pick a day with good weather, post a ride on the Yahoo group a couple of days ahead. We may also vary the ride location. Leaders: Please volunteer your choice of day/place, e-mail or phone me early in the week, and I will post it on the Yahoo group. For directions to sign up for the Yahoo Group, see the web page/newsletter. [www.dbtc.org](http://www.dbtc.org) Melba Bouquet melbabo9@q.com, or 720-493-0564.

## Weekday Skiing with DBTC

Sue Frakes and Lin Hark are skiing weekdays at Loveland this season. Join us the second Thursday of each month for **Ski Hooky Day**. Other ski days will be posted to the Colorado Bicyclist Yahoo Group and MeetUp. To get notices send an email to [coloradobicyclist-subscribe@yahoogroups.com](mailto:coloradobicyclist-subscribe@yahoogroups.com).

## Spring Training Rides

[www.meetup.com/Denver-Bicycle-Touring-Club/events/220238413/](http://www.meetup.com/Denver-Bicycle-Touring-Club/events/220238413/)

These early-season rides are set up for Road Riders who wish to improve their overall cycling fitness for the upcoming season. Cancellation of the ride can occur if temperatures are below 30 F and/or roads are wet. Start times will be 11:00AM unless weather determines a different time. All rides will start at Davie's Chuck Wagon Diner, 10151 W. 26 Ave & Kipling, Wheat Ridge, CO.

This location is just across Kipling St. from the Crown Hill Park. Please park your car on the northwest corner of the parking lot. Mileage is from 20 miles to 35 miles. The routes are not too hilly and have been used before. This time of the year, there is no reason to climb mountains. Spring training road rides pace will be 15-25 MPH on flat ground with regrouping.

There will be two basic rides to that will alternate each week. The following are the links to the rides.

South ride - [www.mapmyride.com/us/wheat-ridge-co/south-ride-red-rocks-route-27190350](http://www.mapmyride.com/us/wheat-ridge-co/south-ride-red-rocks-route-27190350)

North ride - [www.mapmyride.com/us/wheat-ridge-co/north-ride-quaker-route-27191152](http://www.mapmyride.com/us/wheat-ridge-co/north-ride-quaker-route-27191152)

Please reply to me by email at [roadrider80226@yahoo.com](mailto:roadrider80226@yahoo.com) to learn more about the rides. Hope to see you there!!! Donald

## WINTER / SPRING SHOW-N-GO RIDES

### EARLIER START TIME – Daylight Savings Time starting March 8th

FUN/INT-2/3-20/30-NESW-10:00 AM Unless there is a leader named, WINTER rides will be Show-N-Go. The riders who show up on these days will decide among themselves the route, the mileage, the pace and the after-ride restaurant. The starting locations will be places where many rides have begun in the past and thus several riders will have an idea of possible routes to be taken. You can go to [www.dbtc.org](http://www.dbtc.org) and hit the start locations button for more detailed directions to most of the starting points or possibly maps of rides from that location.

### Winter Riding Guidelines

Weather: forecast temperature above freezing with dry conditions.

Clothing: wear layers, outer windbreaker, hat/ear covers, gloves, toe covers and riding/sports pants covering the knees

Other: bring water, repair items and a snack

Wed, March 4th      C (Central)      City of Cuernavaca Park

Sat, March 7th      SE      Corner of Orchard and Parker RD

Sun, March 8th      NW      Crown Hill Park, just east of 26th & Kipling

Wed, March 11th	SE	Meet at Village Greens parking lot by the Dam Road and E Union
Sat, March 14th	SE	South High School, E. Louisiana & S Franklin, near Wash Park
Sun, March 15th	C	City of Cuernavaca Park
Wed, March 18th	SE	Corner of Orchard and Parker RD
Sat, March 21st	NW	Crown Hill Park, just east of 26th & Kipling
Sun, March 22nd	SE	Goodson Recreation, near S University Blvd and Arapahoe RD
Wed, March 25th	SW	Behind the tennis bubble, Federal and Bowles.
Sat, March 28th	SE	Village Greens Park, just east of Union and Dayton
Sun, March 29th	NW	Olde Town Park-N-Ride, just north of W 55th Ave & Wadsworth on Vance

## Ride Leaders:

Remember, if you have a guest/non-member on any of your rides, the Membership Committee needs to know so we can invite them to join us on future rides as a **NEW (or renewing) MEMBER!** Please photocopy your Sign-in Sheet and mail it to: **DBTC Guest Relations (Attn. Lise Neer), 3044 Eudora St., Denver, CO 80207** OR email a scan of it to: [guestrelations@dbtc.org](mailto:guestrelations@dbtc.org).

Thanks for helping us grow our Club!

## DBTC SPONSORING SHOPS

DBTC members receive a 10% discount off purchases (excluding bicycles and sale items) at these sponsoring retailers.

ARAPAHOE CYCLERY  
6905 S BROADWAY UNIT 169  
LITTLETON CO 80122  
303-797-1858  
[arapahoecyclery.com](http://arapahoecyclery.com)

ARVADA BICYCLE COMPANY  
6595 WADSWORTH BLVD  
ARVADA CO 80003  
303-420-3854  
[arvadabike.com](http://arvadabike.com)

BIG KAHUNA BICYCLES  
8246 W BOWLES AVE UNIT J  
LITTLETON CO 80123  
720-981-5199  
[bigkahunabicycles.com/site/intro.cfm](http://bigkahunabicycles.com/site/intro.cfm)

Discount Includes 10% discount on bikes!

BIKESOURCE #7  
2665 S COLORADO BLVD  
DENVER CO 80222  
303-759-5099  
[bikesourcedenver.com](http://bikesourcedenver.com)

BIKESOURCE #8  
2690 E COUNTY LINE RD  
LITTLETON CO 80126  
303-221-4840  
[bikesourcedenver.com](http://bikesourcedenver.com)

CAMPUS CYCLES  
2102 S WASHINGTON ST  
DENVER CO 80210  
303-698-2811  
[campuscycles.com](http://campuscycles.com)

CHERRY CREEK VELO  
1435 S HOLLY ST  
DENVER CO 80222  
303-691-5650  
[sampsports.com](http://sampsports.com)  
No discount on labor.

DERBY BICYCLE CENTER  
410 E 104TH AVE  
THORNTON CO 80233  
303-288-4100  
[derbybicyclecenter.com](http://derbybicyclecenter.com)

ELEVATIONS  
2030 E COUNTY LINE RD  
LITTLETON CO 80126  
303-730-8038  
[bicyclepedalr.com/](http://bicyclepedalr.com/)

FOOTHILLS CYCLING  
4990 KIPLING PKWY SUITE B-7  
WHEAT RIDGE CO 80033  
303-420-0815  
[foothillscycling.net](http://foothillscycling.net)

GOLDEN BEAR BIKES  
290 NICKEL ST SUITE 100  
BROOMFIELD CO 80020  
303-469-7273  
[goldenbearbikes.com](http://goldenbearbikes.com)

GOLDEN BIKE SHOP  
722 WASHINGTON AVE  
GOLDEN CO 80401  
303-278-6545  
[goldenbikeshop.com](http://goldenbikeshop.com)

GREEN MOUNTAIN SPORTS  
12364 W ALAMEDA AVE  
LAKEWOOD CO 80228  
303-987-8758  
[greenmountainsports.com](http://greenmountainsports.com)

PEAK CYCLES  
1224 WASHINGTON ST STE 145  
GOLDEN CO 80401  
303-216-1616  
[bikeparts.com](http://bikeparts.com)

SCHWAB CYCLES  
1565 PIERCE ST  
LAKEWOOD CO 80214  
303-238-0243  
[schwabcycles.com](http://schwabcycles.com)  
No discount on Shimano and Campagnolo

SPORTS PLUS  
1055 S GAYLORD ST  
DENVER CO 80209  
303-777-6613  
[sportsplusdenver.com](http://sportsplusdenver.com)

TREADS BICYCLE OUTFITTERS  
16701 E ILIFF AVE  
AURORA CO 80013  
303-750-1671  
[treads.com](http://treads.com)

TREADS BICYCLE OUTFITTERS  
16701 ILIFF  
AURORA CO 80013  
303-690-2900  
[treads.com](http://treads.com)

TREADS BICYCLE OUTFITTERS  
3234 S WADSWORTH BLVD  
LAKEWOOD CO 80227  
303-781-1162  
[treads.com](http://treads.com)